

WITH MY BODY I LEARN: A GYM FOR BRAIN.

NEUROMOTRICITY FOR COGNITIVE,
SOCIOEMOTIONAL AND PSYCHOMOTOR
STIMULATION AND
NEUROREHABILITATION THROUGH THE
BAPNE® METHOD



Next sessions:

19/07/21 > 24/07/21

02/08/21 > 07/08/21

30/08/21 > 04/09/21

Venue:

Clivis Aps

Via Giovanni Botero
18 - Roma, Italy,
00179

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Colli Albani
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PRESENTATION

This Erasmus+ Teacher Course is aimed at teachers, educators, musicians, psychologists, physiotherapists, healthcare professionals.

Through a neuroscientific justification, it aims to offer new interdisciplinary tools capable of responding to the new needs of specific work contexts. BAPNE® is a method of cognitive, socioemotional, psychomotor and neurorehabilitation stimulation, created by Phd Javier Romero Naranjo, which integrates body percussion, music and movement through Neuromotricity. With the potential stimulation of the brain lobes it pursues a development of executive and cognitive functions (Marina, 2006; Gardner, 1983). BAPNE® is an acronym formed by the words: Biomechanics, Anatomy, Psychology, Neuroscience and Ethnomusicology. The didactic sequencing of the contents allows to develop the independence of the lower limbs with respect to the upper ones and, together with the verbalization, to work specifically on the "dual task". Therefore, during the course, all activities will be exposed in detail so that each learner can learn how to articulate them, identifying those most suitable for their work context. Website: www.metodobapne.com

Contents:

- Biomechanical foundations in the teaching of body percussion.
- Stimulus and response work. Teacher-student interaction through the model of VAK, Gregorc, Lowen, etc.
- Forms of psychomotor learning. Typologies and practical applications.
- Space in the classroom in bodily percussion. Spatial categories as a working model. Passive, intermediate and active categories.
- Improvisation. Methodological and practical applications in the BAPNE® method.
- Bodily percussion and neuropsychology in the BAPNE® method. What happens in our brain when we do corporal percussion? What happens in my frontal lobe?
- Bodily percussion and psychology. Social-emotional strategies to create a good atmosphere in the classroom.
- Sequencing activities. How do I bring all of this material into the classroom?
- Development of Multiple Intelligences in the teaching of corporal percussion. Basics for classroom practice.
- Body-percussion and body language. Strategies for the teacher.
- Toward an anthropology of body-percussion. The body as a tool.
- Difficulties: teaching-learning. Case studies.

Objectives:

- 1) Provide instructional and sequenced resources focused on body percussion for its use in the classroom.
- 2) Exhibit techniques for socialization and group interaction through the BAPNE method. Tactics and Strategies.
- 3) Learn the neuropsychological foundations of Neuromotor Skills.
- 4) Learn the different types of attention through Bodypercussion.
- 5) Learn what Body Percussion looks like in different cultures. Body timbres from an ethnomusicological, anthropological and sociological point of view.
- 6) To know the various measures or times through geometric figures and all the psychomotor possibilities.
- 7) Learn the BAPNE® Glossary in order to identify the different types of activities and their purpose (Clap Change, Stomp Change, Cuban Clave, Horizontal Meter, Vertical Meter, Versatile Movement, Words and Numbers & Clap, Speaking Disociation...).
- 8) Learn how to make a "Logbook " of activities to know how to implement them in the classroom.

Additional activities: - Guided tour on Wednesday afternoon in the centre of Rome; - (optional, on Saturday) Daily excursion in one of the historical paths of Ancient Rome.

Next sessions: 26/07/21>31/07/21 23/08/21>28/08/21 06/09/21>11/09/21 Since the course is held on-site, it is possible to book at different times of the year. Please write to us to check availability.

Price: 5-day-course: 400€ 6-day-course: 450€

Teacher Trainer:

Prof. Salvatore Di Russo - Certified Trainer BAPNE Method. Responsible BAPNE ITALY. Musician.

Prof. Giulio Salerno - Certified Trainer BAPNE Method. Psychologist and educator. Responsible for socio-educational services for minors.

